

## Rectangular Face Mask

This pattern is for a wear-alone Face Mask with either elastic or bias tape ties. We have another pattern for a fabric cover for N95 or R95 Face Masks.



With Elastic







With Bias Tape Ties

These instructions are based on How to Make a Face Mask found on [www.deaconess.com](http://www.deaconess.com) website, but include instructions for using bias tape ties as an alternative to elastic. These instructions are intended for Edmond Quilt Guild members use, but may be shared with others who want to make face mask covers for their local hospitals and other medical facilities.

Supplies:	Cutting Instructions:
<b>Batik</b> or other tightly woven 100% cotton fabric OR Any other 100% cotton fabric	2 @ 7" x 9" OR 4 @ 7" x 9"
Elastic OR Bias Tape or straight strips from fabric	2 @ ¼" x 7" OR 2 @ 1" - 2" x 40"
<ul style="list-style-type: none"> <li>• Thread to coordinate or contrast</li> <li>• Size 14 needle with 2 layers, Size 16 or Jeans needle with 4 layers</li> <li>• Other standard sewing equipment</li> </ul>	

## Instructions for Face Mask with Elastic:

(Instructions for Face Mask with Ties starts on page 5)

	<ol style="list-style-type: none"><li>1. Layer 2 Batik rectangles (or 4 other fabric pieces with right sides together and matching all 4 edges.</li></ol> <p>We will call the 7" edges – the SIDES and the 9" edges – TOP and BOTTOM, for these instructions.</p>
	<ol style="list-style-type: none"><li>2. Pin one end of an elastic piece into one of the upper corners and the other end of that same elastic into the lower corner on the same side.</li></ol>
	<ol style="list-style-type: none"><li>3. Repeat with the second piece of elastic on the other side of the mask.</li></ol>
	<ol style="list-style-type: none"><li>4. Pin all the layers together around the outer edge of the mask.</li></ol>



5. Be sure that the elastics are only caught in the corners of the mask.



6. Using  $\frac{1}{4}$ " seam allowance and starting near the center of either the top or bottom of the mask, sew around the outer edge of the mask – thru all layers. Back stitch each corner.



7. Leave 2 – 3 inches open on the side where you started sewing.



8. Clip diagonally across each corner.



9. Turn the mask right side out.



10. Stitch close to the edge of the mask all the way around, being very careful to stitch the open area closed.



11. Pin 3 tucks on each side. Be sure the folds are in the same direction on both sides. After pleating, the sides should measure 3 – 3 ½”.



12. Stitch across the pleats twice.



Finished mask with elastic.

## Instructions for Mask with Bias Tape Ties



Judy had Extra wide Double Fold Bias Tape, so she cut it in half lengthwise to get 2 @ 1" x 40".

Regular width (Single or Double Fold) bias tape will also work AND you won't have to cut it in half.



OR you can use straight grain fabric strips (cut 1" – 2" wide) of a matching or contrasting fabric.



We will call the 7" edges – the SIDES and the 9" edges – TOP and BOTTOM, for these instructions.

13. Layer 2 batik or 4 non-batik fabric pieces (each 7" x 9") with right sides together.



14. Using  $\frac{1}{4}$ " seam allowance, sew along both (7") Sides.



15. Turn the mask right sides out and press the side seams.



16. Pin 3 tucks on each side. Be sure the folds are in the same direction on both sides. After pleating, the sides should measure 3 – 3 ½”.

17. Stitch across the pleats twice.



18. Find the center of a bias strip. Finger press to mark and pin the bias tape center with the center of the top of the face mask. Pin and sew the Bias tape ties and attach bias tape to the face mask. Back stitch at the point where the ties separate from the mask.

Judy used zigzag stitching to attach the bias tape to her mask. Use whatever method you prefer.



Here is a finished mask with bias tape ties.